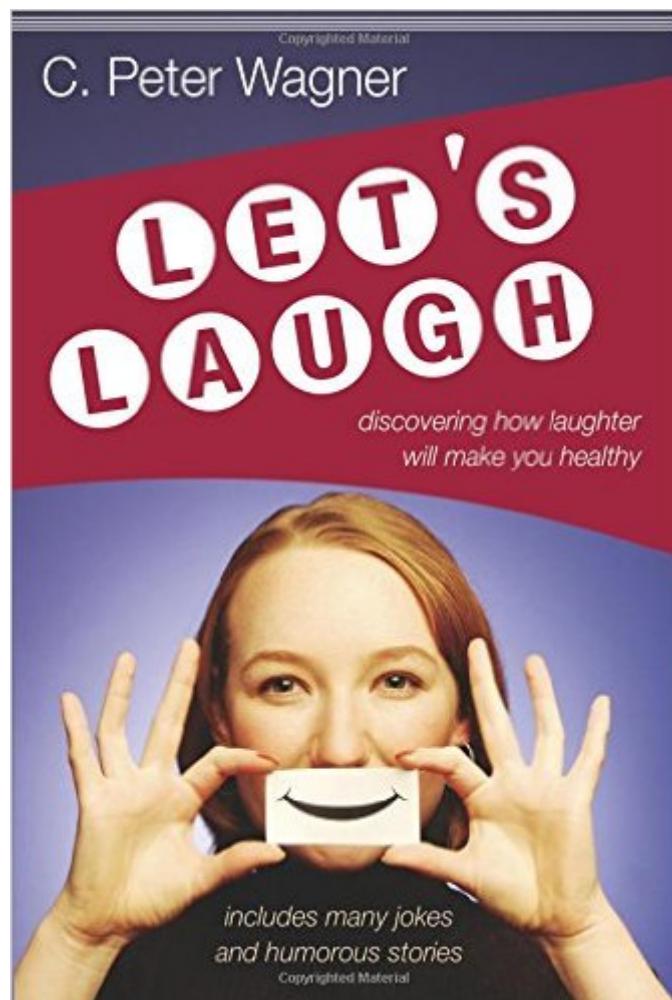


The book was found

# Let's Laugh: Discovering How Laughter Will Make You Healthy



## **Synopsis**

There are some fine lines here. If you are unmistakably a member of the group being made fun of, you are less at risk of being perceived as using a put down because you are poking fun at yourself. Making fun of yourself is generally acceptable. For example, at the time of this writing I am 75 years old and no one could doubt that I qualify as a senior citizen. Later on I have a whole section on senior citizen jokes. Even though so-called ageism is frowned upon by our society these days, I can get away with telling jokes on us senior citizens. In fact, some of my best jokes are senior citizen jokes.

## **Book Information**

Paperback: 190 pages

Publisher: Destiny Image Publishers; First Edition edition (April 1, 2007)

Language: English

ISBN-10: 0768424313

ISBN-13: 978-0768424317

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 3.8 out of 5 starsÂ  See all reviewsÂ  (4 customer reviews)

Best Sellers Rank: #1,322,291 in Books (See Top 100 in Books) #452 inÂ  Books > Humor & Entertainment > Humor > Religion #1302 inÂ  Books > Humor & Entertainment > Humor > Parenting & Families #6640 inÂ  Books > Humor & Entertainment > Humor > Satire

## **Customer Reviews**

"Let's Laugh" is a compilation of stories designed to make you laugh. The book is formatted in two sections. Part one is written to help the reader build confidence in the ability to make people laugh. Wagner demonstrates examples of various kinds of humor. He maintains that a healthy sense of humor can provide release in stressful situations, and improves our health. Part two is made up of what Peter considers to be "The Best Jokes" and helps the reader understand why they are, and how when and how to use them. He enjoys laughing and being around people who laugh. He shows that laughter is contagious and how to take advantage of this. I found myself laughing out loud, chuckling in a delayed response, and smiling in anticipation of the next punch line. Teachers, speakers, and pulpit ministers will find this a valuable tool and guidebook for making their lessons, sermons, and communication more effective. "Let's Laugh" is entertaining and instructional, it is a great read.

This book is about laughter and shows you how to build confidence in your ability to make people laugh. The book is filled with lots of good jokes. People who laugh are healthier than people who do not. Laughter establishes a strong bonding between you and the listener. A healthy dose of laughter can lift your spirit. Laughter is especially effective as a stress reliever. Laughter energizes and exercises the body. Laughter is fun. Remember a Merry heart doeth good like a medicine.

This book gives good points in how to make people laugh in an audience type of atmosphere. It shows you how to select your material for the audience you will be speaking to. It somewhat describes in how to be funny.

I like this book. It is a good read for a quick laugh. Clean and to the point. I saw it at my mechanic's waiting room. Bought one to give as a Christmas present and one for myself. The short stories are healthy and humorous for any age group and not offensive to anyone. Men, women and young adults can appreciate the humor. I highly recommend it!!!

[Download to continue reading...](#)

Let's Laugh: Discovering How Laughter Will Make You Healthy Laughter the Best Medicine: A Laugh-Out-Loud Collection of our Funniest Jokes, Quotes, Stories & Cartoons(Reader's Digest) Laugh-Out-Loud Spooky Jokes for Kids (Laugh-Out-Loud Jokes for Kids) Jokes:Best Jokes For Kids: Laugh out loud fun jokes(Jokes,Funny Jokes,Jokes for kids,Best Jokes,Funny Book,Jokes free,Jokes for free,for kids,riddles,quiz ... for kids,best jokes,laugh out loud) Riveted: The Science of Why Jokes Make Us Laugh, Movies Make Us Cry, and Religion Makes Us Feel One with the Universe Terraria: Hilarious Memes & Funny Stuff Guaranteed to Make You Laugh! Discovering Wine: A Refreshingly Unfussy Beginner's Guide to Finding, Tasting, Judging, Storing, Serving, Cellaring, and, Most of All, Discovering Wine Recipe Book: The Best Food Recipes That Are Delicious, Healthy, Great For Energy And Easy To Make (Healthy Cooking, Easy and Healthy Recipes, Recipe Cookbooks) How to Be Funny: A Guide to Developing Your Sense of Humour and Funny Comment Delivery to Lighten the Mood and Make People Laugh Let's Talk about Epilepsy (Let's Talk Library) Let's Talk About Epilepsy (The Let's Talk Library) Let's Talk about Head Lice (Let's Talk Library) Let's Talk About Feeling Angry (Let's Talk About Book 1) Let's Review Algebra I (Let's Review Series) Sex: Make Him Scream: Make Your Man Scream In Bed, Simple Techniques To Make Him Love You Now And For Better Relationships ï¿ "Only A Nurse Could Laugh at This..." - Funny Stories and Quotes from Real Nurses for When You're Having "One of Those Days"

(Nursing Research, Nursing ... Nursing Books, Nursing Handbook Book 1) A roulette system that will not make you rich, but will show you the way to win all you need for a living: If you see a table full of people and then suddenly ... empty, just with one person, that is me.. Blender Recipes: 27 Blender Recipes You Can Make with High Speed Blenders - Juicing For Weight Loss & Vitality (Blender Recipes You Can Make With Your ... Star & Other High Speed Blenders & Juicers) How to Make a Man Fall in Love with You: How to Seduce a Man. 6 Simple Steps to Make Him Beg for Your Attention (Dating Advice for Women - How to Get the ... Want You) (How to Get a Boyfriend Book 1) Chicken Soup for the Bride's Soul: Stories of Love, Laughter and Commitment to Last a Lifetime (Chicken Soup for the Soul)

[Dmca](#)